



TREATMENTS MENU

Packages & Seasonal Specials

Face & Body 90 mins \$180

Enjoy a Facial Cleanse, Serum, Moisturiser & Gentle Facial massage clearing the lymphatics, improving blood circulation and allowing an inner glow to shine through combined with a Back Scrub to clear dead skin cells & Relaxing Body Massage to ease inner an outer stressors of the body.

Face & Body 120 mins \$240

Enjoy a treatment customised for you and what you enjoy most. Not sure what you enjoy, no worries. This treatment can combined a little bit of everything starting with Soothing Foot Soak & Foot Scrub, Rejuvenating Facial incorporating Natural & Organic products. Hot Stone Back Massage & back scrub to clear and revitalise body as well as Relaxing Body Massage to ease inner an outer stressors of the body.

Feeling Fabulous (summer special) 60 mins \$99

This fabulous treatment is available for a limited time only. This total pamper includes a Hot Stone Back Massage, Facial Double Cleanse, Hot Towel, Superfood Nourishing Oil Facial Massage Treatment, Hand Massage, Hot Stone Foot treatment, Scalp Massage & Moisturiser.

Sheri's Beauty & Health

130 Old Emu Mountain Road,
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TREATMENTS MENU

Facials

Cleanse & Clear 70 mins \$140

Specifically designed to unclog the pores with adding steamer, Ultrasonic Cleansing, LED which will support to clear the black heads and dirt out of the pores. Includes double cleanse, exfoliation, Mask, Steamer, Ultrasonic, LED, Serum, Moisturiser, Eye support.

Cosmeceutical 80 mins \$150

High Level Cosmeceutical products produced by an Australian Doctor. This facial offers cellular support working towards Anti-aging, Dullness & Pigmentation. Includes Double Cleanse, Exfoliant, 24kt Gold Mask, Serum, Moisturiser & lymphatic Facial Massage & LED. Facial tailored to your skin type, products may include, lactic acid, Retinol, Salicylic Acid, Glycolic acid, Vitamin C, Hyaluronic Acid, Copper, Vitamin B & Peptides. Minimal active ingredients used for those with sensitive skin.

Luxuriously Nurturing 90 mins \$160

The Luxuriously Nurturing Facial offers everything you need to feel completely pampered. Natural & Organic products with beautiful aromas used and made in Australia tailored to you and your skin type. Includes Cleanse, Exfoliation, Mask, Face, Neck, Scalp & Shoulder Massage, Serum, Moisturiser, Hand treatment and Hot Stone Foot Massage. This treatment is great for Gift Vouchers, and supporting you to wind down from the hustle of life. A Deeply nurturing treatment.

TLC 60 mins \$120

A luxurious Facial using Natural & Organic products made in Australia tailored to you and your skin type Includes Cleansing, Exfoliation, Mask, Face, Neck, Scalp & Shoulder Massage, Serum, Moisturiser, Hand or Foot treatment.

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Body Treatments

Lymphatic Body Treatment 60 / 90 mins \$100 / \$150

This absolutely Divine Treatment includes body brushing & light Body massage, the 90 min option includes a Facial Massage to support lymphatic flow. This treatment can support Lymphatic detoxification, inflammation, cellulite reduction (based on individuals type of cellulite), lifts a heaviness in the body as well as offers an incredible relaxing treatment

Hot Stone 60 / 90 mins \$110 / \$155

Enjoy a deeply relaxing Hot Stone massage to ease pain and tension held in the body from everyday stresses in life. Hot Stones are a great add on to your treatment especially for those who prefer a firmer massage or have extremely tight muscles. When the heat eases the muscles a gentle pressure is all the muscle require as 1 pass of a hot stone on the muscle is equivalent to 10 passes with a hand.

Relaxing 30 / 60 / 90 mins \$50 / \$90 / \$135

Enjoy a relaxing massage to ease pain and tension held in the body from everyday stresses in life. Massage can be customised to suite client. Hot Stones are a great add on to your treatment especially for those who prefer a firm massage or have extremely tight muscles.

Complementary Healing Modality *add to any treatment* \$30
60 mins \$90

Speak with your Beauty Therapist about which Complimentary Healing Modality may support you and your body best. These treatments are customised to you and may include Esoteric Healing Level 1 - 5, Chakra Puncture & Esoteric Connective Tissue Therapy. They all support the body to come back to its true harmonious state but have their own flavour in doing so. They are incredibly gentle and offer a holistic approach yet complimentary to modern medicine.

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Body Waxing

Bikini _____	\$25
G- String _____	\$40
Sacred Garden <i>(Leave a sacred strip of hair)</i> _____	\$60
Brazilian _____	\$70
Underarm _____	\$20

Facial Waxing

Lip _____	\$15
Chin _____	\$15
Sideburns _____	\$15
Eyebrows _____	\$25

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TREATMENTS MENU

Tinting / Waxing / Lifting

Eyebrow Tint _____	\$25
Eye Lash Tint _____	\$30
Eyebrow Wax _____	\$25
Eye Lash Lift _____	\$70

Packages

Eyebrow Wax & Tint _____	\$45
Eyebrow Wax, Tint & Eyelash Tint _____	\$65
Eye Lash Lift & Tint _____	\$85
Eyebrow Wax & Tint plus Eyelash Lift & Tint _____	\$130

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